Mentoring Cell

Mentoring plays a vital role in shaping students' academic, personal, and professional development. Colleges, as institutions of learning and growth, recognize the importance of a structured support system to help students navigate challenges and maximize opportunities. The Mentoring Cell at Christ College, Malur, is one such initiative aimed at fostering meaningful connections between students and mentors.

The primary goal of the Mentoring Cell is to create a safe and supportive environment where students can seek guidance, build resilience, and develop their unique strengths. By offering a platform for consistent interaction and feedback, the cell helps bridge the gap between academic learning and real-world readiness.

Purpose and Functions of the Mentoring Cell in College

The Mentoring Cell focuses on providing personalized support to students, helping them overcome obstacles while fostering their overall growth. The cell's functions are multi-dimensional and cover academic, emotional, and career-related aspects of student life.

1. Individualized Support and Guidance

The Mentoring Cell organizes regular one-on-one sessions where students discuss their academic progress, personal challenges, and career aspirations. These meetings are designed to:

- Address academic concerns, including time management and performance improvement.
- Provide emotional support to students dealing with stress or personal difficulties.
- Help students set realistic goals and plan actionable steps to achieve them.

2. Peer and Group Mentoring Programs

Recognizing the value of shared experiences, the cell promotes:

• **Peer Mentoring**: Senior students guide juniors, especially first-year students, on adjusting to college life and managing their studies effectively.

• **Group Mentoring**: Regular group sessions foster collaboration and discussion on topics like exam preparation, stress management, and interpersonal skills.

3. Alumni Involvement for Career Guidance

The Mentoring Cell connects students with alumni who share practical insights on career paths, higher education, and internship opportunities. This helps students gain clarity on their future goals and understand industry expectations.

4. Feedback and Monitoring

A structured feedback mechanism is in place to assess the effectiveness of mentoring initiatives. Students are encouraged to share their experiences, enabling mentors to refine their approach and ensure continuous improvement.

5. Collaboration with College Support Systems

The Mentoring Cell collaborates with other units, such as the Placement Cell and Counseling Services, to provide students with a holistic support system.

student mentors and alumni provide peer support and career advice. The cell is coordinated by a Faculty Coordinator who ensures smooth functioning and alignment with the institution's goals.

Our Team (Composition - 2022-23)

The Mentoring Cell is a collaborative effort involving individuals dedicated to creating a supportive and inclusive environment:

SI. No	Name	Designation
1	Fr. Dr. Gilson John CMI	Chairperson
2	Fr. Ebin V Francis CMI	Vice Principal
3	Mr. Abhishek S John	Faculty Coordinator
4	Ms. Hail Mariya Paulson	Faculty Coordinator

The collective effort of faculty members and student mentors ensured that every student was given the care and attention they needed.

For queries or suggestions, feel free to contact us at:

Phone: 9535452282



CHRIST COLLEGE

OF SCIENCE AND MANAGEMENT

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